



# Outline of an Offer to the Scottish Government

## Components of the Offer

### Component 1

Build on existing community-led health improvement

### Component 2

Access community experience and expertise

### Component 3

Existing community structures used to deliver outcomes

### Component 4

A network of community led health anchor organisations

### Component 5

Use existing funding for health improvement

## The Rationale

SCHW is ready to assist in translating the argument for asset based approaches to health improvement into effective practice in communities.

SCHW is ready to take on a step change in the nature and scale of community-led health improvement it delivers day in day out.

SCHW has the expertise and experience in community-led approaches which can be used effectively to respond to the recommendations of the Christie Report on delivering services in different ways that are effective in preventing poor health and wellbeing.

SCHW is ready to work in partnership with existing local authority /NHS based structures and processes including funding and accountability through extending the priority areas for Third Sector Interfaces to include community-led health improvement; and strengthening the role of NHS /Third Sector link personnel.

SCHW is ready to support the transforming of already strong community-led health organisations into community health anchor organisations and to establish stronger health improvement delivery partnerships among the NHS, local authorities and the third sector in local communities including extending social prescribing.

SCHW estimates\* that an effective on-going national investment in community-led health improvement would require less than 0.06% of the health budget and less than 4% of the health improvement budget...time to do things differently

\* Based on Accounts Commission figures 2012

## Benefits and Outcomes:

Producing significantly improved cost effective health and wellbeing outcomes for many individuals and groups in some of our poorest communities including for example those who;

- Feel isolated and cut off in their communities
- Experience difficulties with long-term use of prescription drugs

- Are members of families experiencing high levels of stress
- Suffer from poor diet and lack of exercise

- Have poor mental health and wellbeing
- Require on-going support in their community eg on leaving hospital, coming off drugs etc

- Are children at risk from poor parenting/nurturing
- Are individuals experiencing abuse

- Are families and individuals coping with alcohol and drug abuse
- Would benefit from social prescribing